

Daily Learning Planner

*Ideas parents can use to help students
do well in school.*

Hornell City School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. On a day without homework, your teen can use study time to review.
- ☐ 2. Parenting a teen is tough. Carve out some time to take care of yourself.
- ☐ 3. Encourage your teen to eliminate pessimistic phrases from his vocabulary. Help him think positively.
- ☐ 4. The night before a test, have your teen take five minutes to get organized for the morning.
- ☐ 5. Suggest a few activities that your teen can do alone.
- ☐ 6. When your teen sets a goal, have her say it aloud. This helps her believe she can do it.
- ☐ 7. Challenge your teen to run the house for the day. He is responsible for laundry, dinner and cleaning.
- ☐ 8. Tell your teen about something you did in high school that you would do differently now.
- ☐ 9. Talk about The Golden Rule with your teen.
- ☐ 10. If your teen didn't make the team or the school play, help her plan what she'll do to prepare for next time.
- ☐ 11. Look through old family albums with your teen. Tell him stories about his relatives.
- ☐ 12. If your teen is a perfectionist, limit the number of times she can redo an assignment.
- ☐ 13. When your teen comes home from being out with friends, greet him with a cup of hot cocoa. Talk about his evening.
- ☐ 14. Cut out a cartoon your teen will enjoy. Leave it by her place at breakfast. Attach a note that says, "I love you."
- ☐ 15. Visit the library with your teen. Check out a book about a career that interests him.



- ☐ 16. Watch a travel program with your teen. Talk about a place you'd like to visit.
- ☐ 17. Have your teen request some college catalogues. Read them together.
- ☐ 18. Give your teen the responsibility for making her own doctor and dentist appointments.
- ☐ 19. Talk with your teen about the qualities you each look for in a friend.
- ☐ 20. Most colleges have websites. Encourage your teen to make some virtual college visits.
- ☐ 21. What one thing would your teen change about the world?
- ☐ 22. Criticism can be a self-fulfilling prophesy. Give positive messages whenever you can.
- ☐ 23. Offer to help your child review for a big test. Call out vocabulary words or time him during a practice test.
- ☐ 24. It's a fact: Teens say that getting good grades in school is their number one worry.
- ☐ 25. Suggest your teen record key ideas from a chapter. Then she can play them back to study.
- ☐ 26. Talk with your teen about his plans for the day.
- ☐ 27. Go to an office supply store with your teen. Does it give her ideas for ways to be more organized about schoolwork?
- ☐ 28. Take a walk with your teen. Talk about how you can work together to achieve one of his goals.

Helping Students Learn
Tips Families Can Use to Help Students Do Better in School

HIGH SCHOOL