

Daily Learning Planner

*Ideas parents can use to help children
do well in school.*

Hornell City School District



THE
PARENT
INSTITUTE®

January 2015

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Have your child replace adjectives on a printed ad with their opposites.
- ☐ 2. Help your child set a goal and write a plan to achieve it this year.
- ☐ 3. Think of something you and your child would like to learn, such as how to knit. Check out a how-to book.
- ☐ 4. Make an "I am special" scrapbook with your child. Use photographs of special events in your child's life.
- ☐ 5. Teach your child to take her pulse. Have her jump up and down 15 times and take it again. Has it changed?
- ☐ 6. Pretend you are your child's mirror. Do everything he does—in reverse.
- ☐ 7. Send your child on a treasure hunt. Make a map that will lead her to a small treat.
- ☐ 8. Challenge your child to invent a drink, such as "orange hot chocolate."
- ☐ 9. How many farm animals can your child name?
- ☐ 10. Visit the library with your child. Check out a book about outer space.
- ☐ 11. Together, plan your child's TV viewing this week.
- ☐ 12. Start a family savings plan for something special that you have already spoken about with your child.
- ☐ 13. Ask your child to close his eyes and describe sounds that he hears.
- ☐ 14. With your child, sing songs that you learned as a child. Have your child teach you a song.
- ☐ 15. Ask your child what she thinks she is good at and why.
- ☐ 16. Tonight, take a walk with your child. Look at the stars. Can you see any planets?
- ☐ 17. Trace your child's outline on a sheet of paper. Later, have him research and "map" the inside of his body.
- ☐ 18. Try a new kind of transportation with your child.
- ☐ 19. Explain to your child how people reach compromises. Give an example.
- ☐ 20. Suggest that your child write to her favorite author.
- ☐ 21. Role-play a difficult situation your child may face.
- ☐ 22. Think of several words that start with the same letter. Challenge your child to use them in a sentence that makes sense.
- ☐ 23. Try eating with chopsticks tonight.
- ☐ 24. Teach your child a skill he'll need later in life—cooking, laundry, etc.
- ☐ 25. Hold a family meeting. Discuss your family's goals and successes.
- ☐ 26. Pick a category (cities, sports) and a letter. How many items from that category can your child name that begin with that letter?
- ☐ 27. Make a chore chart with your child. List chores she's responsible for and when they should be completed.
- ☐ 28. At dinner tonight, have everyone tell how they used math today.
- ☐ 29. Ask your child to notice things that come from plants.
- ☐ 30. Choose a poem to read aloud to your child. With your feet, stamp syllables as you read.
- ☐ 31. Let our child read the label on a food your family eats. What vitamins does it contain? How much fat is in it?



Helping Children Learn
TIPS FAMILIES CAN USE TO HELP CHILDREN DO BETTER IN SCHOOL

ELEMENTARY SCHOOL